

# 2024-2025 Co-Curricular Code Meeting



## Agenda

- 1) Philosophy of Co-Curriculars
- 2) Requirements to participate
- 3) Expectations...students & parents
- 4) Athletic Trainer
- 5) Activity Scheduler
- 6) Athletic Season Dates
- 7) General Information...passes, NCAA, contact info

## NLHS Mission

The mission of New London High School is to ensure all students become responsible, contributing citizens who are college and career ready.

## NLHS Clubs and Athletics

### Clubs

Art Team...Battle of Books...B.E.S.T....Culture Club... D.E.C.A....  
E-Sports...Fall Musical...FFA...Forensics...HOSA...  
Ice Fishing...Math League...National Honor Society...Principal Advisory Council...  
Ski Club....Sources of Strength....Spanish Honor Society....Spring Play  
Student Council...T.S.A. (Technology Student Association)

### Athletics

Baseball...Basketball...Bowling...Cross Country...Dance...Football...  
Boys Hockey...Boys Golf...Rock Climbing...Soccer...Softball...Swimming...  
Tennis...Trap Shooting...Track & Field...Volleyball...Wrestling

# Philosophy of Co-Curriculars

- Participation in co-curriculars is a privilege
- Co-curriculars are an extension of the classroom
- Teaches life lessons and essential skills (persistence, patience, cooperation, leadership, time management)
  - Leads to better academic success (surround yourself with like-minded individuals)
- Less likely to engage in risky behaviors (teen pregnancy, drugs, & alcohol)

## Participation Requirements - Parental Sign-Off

- Physical or Alternate year card (Make appts well in advance of the start of your season)
- \$60 User Fee per student-athlete (One time fee covers the entire year - MS and HS)
- Concussion agreement form
- Code of Conduct agreement
- WIAA Eligibility Form
- Thedacare form
- IMPACT Concussion Test Permission

\* Sign up for activities is through online registration - <https://newlondon-ar.rschooltoday.com/>

# Academic Responsibilities

- Semester failure (in any class) equals an automatic period of ineligibility
- Incompletes equate to a failure until made up
- Grade reports - printed every other Friday
- Teachers will notify the office when the student is academically eligible
- *A student participating in athletics and activities must be in school and attend all scheduled classes on the day in which they are to practice or participate in a contest (except in cases of family emergency, excused pre-planned absences or written statement from a doctor)*
- *A student must be in school for all classes on Friday to be eligible for a Saturday activity*

# Code of Conduct

Participants are required to sign the “acknowledgement of the Co-Curricular Code” at the beginning of each activity season. This code is in effect 12 months - all 4 years

1. No smoking or use, including chewing tobacco, or vaping.
2. No drinking or use of alcoholic beverages.
3. No use, possession, buying or selling of controlled substances or illegal drugs.
4. A co-curricular participant who chooses to remain at an unacceptable social gathering where alcoholic beverages or illegal drugs are present or are being consumed will be considered in violation of the co-curricular code.
5. Conduct in and out of school shall be such as will not bring discredit to the student, his/her parents, his/her school, or his/her team.
6. Any student charged and/or convicted of a felony shall, upon the filing of felony charges, become ineligible for all further participation until the student has paid his/her debt to society and the courts consider the sentence served (including probation, community service, etc.).

## Code of Conduct Continued...

**First Violation** - The participant will be suspended for 15% of the competitive contest season schedule in which he/she is or will be competing. The actual events of ineligibility will be rounded up to the next whole number.

**Second Violation** - The participant will be suspended for a number of contests equal to 50% of the season.

**Third Violation** - The participant will be suspended from all activities for one calendar year from the date of the violation.

\*\*\* The violations are cumulative \*\*\*

## Amateur Status - loss of eligibility - WIAA

- May be employed (but not self-employed) as an instructor on the playgrounds, game official, lifeguard, etc. (cannot give individual lessons)
- Receive compensation or benefit for use of name, image, or appearance
- Receive free or reduced rate of equipment, apparel, camps/clinics, etc.
- Is identified as an athlete for an endorsement of a company
- Participates in a contest using a different name



# Student-Athlete/Spectator Violations - WIAA

- A student-athlete disqualified from a contest for a flagrant or unsportsmanlike conduct is also suspended from the next event
- Any player who in the judgment of the official, intentionally spits on, strikes, kicks, pushes, or aggressively contacts an official is ineligible from competition for a minimum of 90 calendar days. The player is also ineligible to compete in 25% of the next season in the same sport
- A spectator removed or ejected from an event is suspended from attendance for the next competition (in the same sport)

## Travel Regulations

A participant who travels to an out of town activity with a school group must return with his or her group. Exceptions to this rule are:

- A. The parent may make prior arrangements - in writing - with the athletic director in advance of the trip. A travel release form is available in the school office and online, and must be completed 48 hours in advance.  
<https://www.newlondon.k12.wi.us/>
- B. In the case of an emergency if the parent is present at an out-of-town site, the parent may request the student to return with him/her. The request must be made in person and in writing by the parent to the coach.

# Parental Expectations

*Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, a great teammate, mentally tough, resilient and tries his/her best IS a direct reflection of your parenting.*

**10 TIPS FOR SPORT PARENTS**

**TOP 10 TIPS**

- #1** FOCUS ON THE PROCESS NOT THE RESULT
- #2** AVOID PRESSURING A CHILD ABOUT WINNING OR LOSING
- #3** HELP YOUR CHILD TO SEPARATE SPORT FAILURE FROM PERSONAL FAILURE
- #4** GIVE YOUR CHILD FREEDOM TO PROBLEM SOLVE AND MAKE THEIR OWN DECISIONS
- #5** ENCOURAGE, ENCOURAGE, ENCOURAGE
- #6** ALLOW YOUR CHILD TO PLAY FOR HIMSELF OR HERSELF
- #7** ENCOURAGE YOUR CHILD TO TAKE RESPONSIBILITY FOR THEIR DECISIONS
- #8** WATCH WHAT YOU SAY TO YOUR CHILD
- #9** RESPECT AND DO NOT INTERFERE WITH THE COACH
- #10** DO NOT CONSTANTLY INSTRUCT DURING TRAINING AND GAMES

@BelievePHQ

# Parental Roles

- Provide guidance and encouragement for your son/daughter while maintaining realistic assessments and expectations
- Focus on and communicate positive aspects and accomplishments
- Maintain positive communication with coaches/advisors
- Demonstrate visible pride through regular attendance at events whenever possible
- Serve as a positive role model in the practice of good sportsmanship at all events.

**PARENTS:**

**YOUR CHILDREN  
ARE  
WATCHING**

# Parental Involvement

## Concerns to discuss with Coaches

- The treatment of your child mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior and grades



## Concerns not appropriate to discuss with Coaches

- Playing time
- Strategy
- Play calling
- Other student participants and decisions about who plays on which team

# Athletic Trainer - Jake Lyman

## **Roles of Athletic Trainer:**

Injury prevention, examination, treatment, rehabilitation of emergent, acute, or chronic injuries

\*\* concussion care

\*\* referrals/appointments

\*\* works hand in hand with sports and orthopedic doctors



# Activity Scheduler

- rSchool allows each individual family to create schedules that incorporate all their students' activities regardless of age or what building they are in. Individuals may also sign up to receive notifications via email or text when activities are cancelled in the school district, and receive notification when those events are rescheduled.

- 1) Head to the Bay Conference website [www.bayconference.org](http://www.bayconference.org)
- 2) Click on "New London"
- 3) Select "Notify Me" (right side of the screen) to create an account

## 2024-2025 WIAA Season Start Dates

### Fall Season

Football.....Aug. 6  
Swimming.....Aug. 13  
Tennis.....Aug. 13  
Boys Soccer.....Aug. 19  
Volleyball.....Aug. 19  
Cross Country.....Aug. 19

### Winter Season

Girls BBall.....Nov. 11  
Hockey.....Nov. 11  
Boys BBall.....Nov. 18  
Wrestling.....Nov.18

### Spring Season

Track & Field.....March 10  
Softball.....March 17 (spring break)  
Baseball.....March 24  
Girls Soccer.....March 24  
Golf.....March 31

## Passes....FANS List

Family.....\$75 (*2 adults & children 8 and under*)

Adult.....\$35

Students.....\$28

### FANS List

- 1) 2.0 GPA
- 2) No failing grades
- 3) No tardies or unexcused absences
- 4) 3 or less excused absences
- 5) No unpaid fees or fines
- 6) No discipline referrals
- 7) No overdue books or materials

## Playing in College

If you have the desire to extend your athletic career in college, there are certain steps that must be taken for your preparation. Please contact the high school office to set up a meeting.

<http://www.ncaa.org/student-athletes/future>



## Contact Information

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Twitter: @ActivitiesNIhs

Katie Bellile - Activities Secretary

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(920) 982-8420 Ext. 1006

## Thank You

Continue to promote the success of our athletes, athletic programs and the activities offered at New London High School.

